Strok RedS our main ingredient is fun!

october

farm 2 school feature

pumpkins



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs	Shemini Atzeret No School	Simchat Torah No School	Cheese Burger* Whole Wheat Bun, Potato Wedges, Fresh Fruit, Lettuce, Tomato, Pickle *Burgers are Vegetarian	Breakfast 4 Lunch Pumpkin Pancakes Fruit Salad, Scrambled Eggs, Maple Syrup, Butter, Veggies	New York Deli Hot Corned Beef Sub Baked Potato Chips, Cole Slaw, Lettuce, Tomato, Pickles Fresh Cut Melon	We only serve glatt kosher meat All meals are kosher supervised
	All Beef Kosher Hotdog Whole Wheat Bun, Baked Potato Wedges, Fresh Fruit, Pickle Spear	Grilled Cheese Tomato Basil Soup, Carrots and Ranch, Fresh Cut Fruit, Chocolate Milk	Salad Bar Day Mac & Cheese Ginger Dressed Kale, Chocolate Milk, Special Dessert	Baked Potato Bar Black Bean Chili Sour Cream, Cheese, Butter, Fresh Fruit, Full Topping Bar	1/4lb Turkey Burger Whole Wheat Bun, Potato Wedges, Lettuce, Tomato, Pickles Fresh Cut Melon	
	Toasted Hawaiian Bread, Baked Potato Chips, Fresh Cut Fruit, Dill Pickle Spear, Cut Veggies	Breakfast 4 Lunch Pumpkin Pancakes Fruit Salad, Scrambled Eggs, Maple Syrup, Butter, Veggies	Salad Bar Day Focaccia Pizza Chopped Ranch Salad, Unlimited Fruit Bar, Chocolate Milk, Pumpkin Mouse	Ramen Noodle Bar Whole Wheat Noodles Miso Broth, Tofu, Eggs, Scallions, Mix-Ins, Fresh Fruit Salad, Skim Milk	Maple Glazed Salmon Pumpkin Risotto Sautéed Local Apples, Roasted Veggies	
	All Beef Hamburger Whole Wheat Bun, Potato Wedges, Lettuce, Tomato, Pickles, Fresh Cut Melon	Breakfast 4 Lunch Pumpkin French Toast Fresh Fruit, Assorted Yogurt, Crisp Cut Veggie Sticks	Salad Bar Day Wheat Pizza Bagel Crunchy Kale Chips, Chocolate Milk, Special Dessert	Parent Conferences Noon Dismissal No Lunch Served	Parent Conferences No School	
	Chicken Fingers Baked Potato Wedges, Low Sugar Apple Sauce, Baby Carrot Sticks, Honey Mustard Dip	Cheese Quesadilla Cuban Black Beans, Cumin Scented Rice, Salsa, Sour Cream, Fresh Fruit Bar	Salad Bar Day Grilled Ahi Tuna Sushi Rice, Chocolate Milk, Wheat Chocolate Muffin			Due to seasonality and local availability, menu is subject to change without prior notification