



BISTRO KIDS.com

### Mirowitz Specialty Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			11-1	11-2
<i>Extra Protein Option \$2.00 Daily Grain Included</i>			<b>Fiesta Salad</b> Black Beans, Olives, Cheddar Blended Cheese, Tortilla Strips, Tomatoes, Shredded Lettuce, Vegan Beef	<b>NCY DELI</b> Smoked Pastrami, Dill Pickles, Tomatoes, Carrots, Sweet Peppers, Romaine Bed
11-5	11-6	11-7	11-8	11-9
<b>Savory Turkey Salad</b> Seasoned Ground Turkey, Corn, Tomatoes, Romaine, Breadstick	<b>Ginger Grilled Salmon</b> Atop Romaine Bed Shredded Carrots, Cucumbers, Tomatoes, Sweet Peppers	<b>Salad bar day</b> Order from entree menu 6.18 plus tax	<b>Strawberry Mozzarella Spinach Salad</b> With Carrots, Cucumbers, Tomatoes, Sweet Peppers, Sweet Vidalia Onion Dressing	<b>Grilled chicken</b> With Roasted Balsamic Vegetables, Served On Romaine and Brown Rice Bed
11-12	11-13	11-14	11-15	11-16
<i>No School Professional Development Day</i>	<b>Asian Chicken Japanese Noodles</b>	<b>Salad bar day</b> Order from entree menu 6.18 plus tax	<b>Asian Crispy Tofu</b> Kale, Brown Rice, Sautéed Veggies	<b>Chopped Chicken Classic Café Salad</b> Shredded Carrots, Tomatoes, Cucumbers, Sweet Peppers
11-19	11-20	11-21	11-22	11-23
<b>Honey Mustard Grilled Chicken</b> Sautéed Vegetables, Bed of Quinoa, Chopped Lettuce	<b>Ginger Grilled Salmon</b> Atop Romaine Bed, Shredded Carrots, Cucumbers, Tomatoes, Sweet Peppers	<i>No School Thanksgiving Break</i>	<i>No School Thanksgiving Break</i>	<i>No School Thanksgiving Break</i>
11-26	11-27	11-28	11-29	11-30
<b>Very Berry Chicken Salad</b> Strawberries, Grapes, Sweet Peppers, Tomatoes, Cucumbers, Spinach, Shredded Lettuce	<b>Hawaiian Poke Salad</b> Citrus Ceviche Tuna Rare, Pineapple Relish, Brown Rice Bed Shredded Cabbage and Kale	<b>Salad Bar Day</b> Order from entree menu 6.18 plus tax	<b>Japanese Noodle Salad</b> Diced Tofu, Sesame Seed, Soy, Green Onions, Hardboiled Eggs, Marinated Kale, Seaweed, Diced Sweet Peppers	<b>Balsamic Chicken From the Grill</b> Roasted Veggies, Brown Rice, Romaine Bed