

**Bistro Kids January Seasonal Salad Menu**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
	<b>1-1</b>	<b>1-2</b>	<b>1-3</b>	<b>1-4</b>
*consuming undercooked seafood may increase your risk of foodborne illness	<b>Winter Break</b>	<b>Winter Break</b>	<b>Hawaiian Poke Salad</b> Citrus Ceviche Tuna* Pineapple relish Brown rice bed Shredded cabbage and kale	<b>Ginger “Fried” Tofu</b> Sautéed Kale, Brown Rice Mixed Veggies Sesame-Ginger Dressing
<b>1-7</b>	<b>1-8</b>	<b>1-9</b>	<b>1-10</b>	<b>1-11</b>
<b>Israeli Chicken</b> Grilled Chicken, Diced Tomato, Diced Cucumber, Parsley, Lemon Chick Peas Lettuce Bed	<b>Honey Grilled Salmon</b> Roasted Veggies, diced tomato, cucumber, Specialty Grains, Lettuce Bed	<b>Salad Bar Day</b> Order from student menu	<b>House Ranch Salad</b> Winter Veggies, Sweet Peppers, Cucumbers, Cheese Blend, hard boiled eggs, with tangy house made ranch	<b>Italian Chicken</b> Creamy Italian Dressing Romaine, tomatoes, bell peppers, cucumber, red onion
<b>1-14</b>	<b>1-15</b>	<b>1-16</b>	<b>1-17</b>	<b>1-18</b>
<b>California Sushi Salad</b> Sliced Avocado Seasoned Sushi Rice Shredded Carrots Diced Cucumber Cucumber Wasabi Dressing	<b>Ahi Tuna Salad</b> Sliced thin and served rare*, specialty grains, lettuce bed, shredded veggies	<b>Salad Bar Day</b> Order from student menu	<b>Salmon Sushi Salad</b> Salmon Sashimi* Seasoned Sushi Rice Shredded Carrots Diced Cucumber Cucumber Wasabi Dressing	<b>No School Recording Day</b>
<b>1-21</b>	<b>1-22</b>	<b>1-23</b>	<b>1-24</b>	<b>1-25</b>
<b>No School Martin Luther King Day</b>	<b>Grilled Salmon Zoodler</b> Spiralized zucchini noodles Assorted veggies, romaine lettuce, Assorted Dressings served on the side	<b>Salad Bar Day</b> Order from student menu	<b>Japanese Noodle Salad</b> Crispy tofu, teriyaki noodles, Asian marinated veggies, sesame-ginger dressed	<b>“Fried” Chicken Salad</b> Baked Chicken tenders Romaine Hearts, Tomatoes, Eggs, Cucumber, Sweet Peppers
<b>1-28</b>	<b>1-29</b>	<b>1-30</b>	<b>1-31</b>	
<b>Battered Cauliflower</b> Crispy cauliflower oven fried to perfection, with celery, tomatoes, cucumber, Lettuce Bed	<b>Ginger “Fried” Tofu</b> Sautéed Kale, Brown Rice Mixed Veggies Sesame-Ginger Dressing	<b>Salad Bar Day</b> Order from student menu	<b>Tuna Sushi Salad</b> Tuna Sashimi* Seasoned Sushi Rice Shredded Carrots Diced Cucumber Cucumber Wasabi Dressing	<b>Extra Protein Option \$1.75</b> <b>Daily Grain Included</b>