## september

farm 2 school feature

apples



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
No charge for unlimite servings of Fruits and vegetables Extra Entrees 2.00	No School	Napa Grilled Cheese Tomato Soup apple, carrot, slaw fresh fruit chocolate chip cookie, skim milk	Breakfast 4 Lunch Wheat French toast yogurt parfait bar fresh fruit unlimited veggies skim milk	Wheat Mac & Cheese Creamy Caesar salad, organic chocolate milk sliced melon wheat breadstick	Beyond Beef Burger Whole wheat bun pickles, lettuce, tomato, potato wedges fresh fruit skim milk Burger is vegan	Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs
	Vegan Pho Bar Vietnamese Noodles, ginger broth, mushrooms, tofu, eggs scallions, mint, cilantro, lime, bean sprouts, veggie mix-ins	Maple Salmon Scrambled Eggs Whole wheat bagel sliced melon skim milk	Tuna Noodle Casserole Steamed green beans herbed carrots whole wheat roll apple sauce skim milk	Taco Salad Bar Vegan beef crumbles cheese, sour cream, salsa, chili, shredded lettuce, tortillas, fresh fruit, special dessert, chocolate milk	Herb Butter Tilapia Broccoli veg medley fresh fruit salad brown rice pilaf cheese blintz bake skim milk	
	Lasagna Florentine Italian salad skim milk fruit salad whole wheat bread stick	Wheat Mac & Cheese Creamy Caesar salad organic chocolate milk sliced melon wheat breadstick	Black Bean, Zucchini Enchilada bake spinach salad fresh strawberries Mexican quinoa skim milk	Grilled Cheese Tomato Soup Seedless grapes Homestyle green beans skim milk	Salmon Croquettes Grilled asparagus applesauce kasha and shells wheat dinner roll chocolate muffin	
	Beyond Beef Burger Whole wheat bun pickles, lettuce, tomato potato wedges fresh fruit Skim milk Burger is vegan	Lemon Pepper Salmon Orzo pasta with basil Edamame succotash assorted hand fruits Fruit infused water skim milk	Pizza Bagel Wheels Garden ranch salad fresh cut fruit bar organic chocolate milk chocolate chip cookie skim milk	Lentil and Rice Stuffed Peppers roasted carrots, steamed peas, whole wheat roll skim milk	27 Lemon Lime Tilapia Roasted zucchini kale salad fresh fruit salad herbed rice pilaf sweet noodle kugel	Due to seasonality and local availability, menu is subject to change without prior notification
	30 No School Rosh HaShana					