



BISTRO KIDS.com

Seasonal Specialty Salad Menu

Monday	Tuesday	Wednesday		
<i>Choose to make it vegetarian at no charge</i>	<i>Daily grain included</i> <i>Extra Protein \$2.00</i>			
9-2	9-3	9-4	9-5	9-6
Labor Day No School	Buffalo Tofu Bowl Oven fried tofu, franks red hot wing sauce, romaine lettuce, celery hearts, carrot sticks, ranch dressing, mozzarella cheese	Lox and Bagel Plate cream cheese, onion, tomato, fresh fruit, side salad	Ginger Grilled Ahi Tuna (Served Rare) Roasted Veggies, brown rice, marinated kale bed	Grilled Salmon strawberry, spinach, quinoa, carrots, celery, cucumber, whole wheat crackers
9-9	9-10	9-11	9-12	9-13
Salmon Cobb w/eggs, local tomatoes, strawberries, cucumber, carrots	Homestyle Tuna Salad Iceberg and romaine mix, cucumber, grape tomato, shredded carrots, whole wheat crackers	Rad Thai Salmon arugula, field greens, sprouts, red cabbage, sunflower seeds, carrots, cucumber, basil, grilled citrus salmon	Teriyaki Tofu Bowl oven fried tofu, roasted veggies, brown rice, kale bed, pineapple	Garden Ranch Salad romaine bed, hard boiled eggs, cheese shreds, assorted veggies
9-16	9-17	9-18	9-19	9-20
Sesame-Ginger Grilled Salmon atop romaine lettuce, asian veggie blend, brown rice	Teriyaki Tofu Bowl oven fried tofu, roasted veggies, brown rice, kale bed, pineapple	Hawaiian Tuna Poke Served raw* roasted veggies, brown rice, kale bed, pineapple	Garden Ranch Salad romaine bed, hard Boiled Eggs, cheese Shreds, assorted Veggies	Hollywood Salmon grilled salmon, organic quinoa, kale, parsnips, grapes, strawberries
9-23	9-24	9-25	9-26	9-27
Homestyle Egg Salad Iceberg and romaine mix, cucumber, grape tomato, shredded carrots, whole wheat crackers	Rad Thai Tuna arugula, field greens, sprouts, red cabbage, sunflower seeds, carrots, cucumber, basil, grilled ahi tuna served rare	Ranch Tofu Salad Tofu cubes, cheddar blend cheese, diced tomatoes, carrots, cucumbers, ranch dressing served on side, romaine blend	Teriyaki Grilled Ahi Tuna (Served Rare) pineapple salsa, quinoa, kale slaw	Greek Salmon Salad Chopped romaine hearts, tomatoes, cucumber, oregano, lemon wedges, black olives