



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Rosh HaShana No School ¹	Breakfast 4 Lunch Egg & Cheese Biscuit Potatoes O'Brian Fresh Fruit Skim Milk ²	Cheese Quesadilla Mexican Pinto Beans Cumin Scented Rice Salsa, Sour Cream Fresh Fruit Bar Skim Milk ³	Cheese Burger*, Whole Wheat Bun, Potato Wedges, Fresh Fruit, Lettuce, Tomato, Pickle *Burgers are Vegetarian ⁴	All meals are kosher supervised
	Mexican Lasagna Layered Tortilla, Refried Beans, Salsa, Cheese, Sour Cream Fresh Fruit, Skim Milk ⁷	Erev Yom Kippur No Lunch Served Noon Dismissal ⁸	Yom Kippur No School ⁹	Baked Potato Bar Black Bean Chili Sour cream, cheese, butter, fresh fruit, full topping bar ¹⁰	Mac & Cheese Ginger Dressed Kale Chocolate Milk Special Dessert ¹¹	
	Sukkot No School ¹⁴	Sukkot No School ¹⁵	Matzo Ball Soup Bar Veggie Mix Ins Fresh Fruit Salad Whole Wheat Roll Skim Milk ¹⁶	Three Cheese Lasagna Wheat Breadstick Green Beans Fresh Fruit Skim Milk ¹⁷	Maple Glazed Salmon Cinnamon Risotto Sautéed Local Apples Roasted Veggies Skim Milk ¹⁸	
	Shemini Atzeret No School ²¹	Simchat Torah No School ²²	Wheat Pizza Bagel Kale Salad Fresh Fruit Chocolate Milk Special Dessert ²³	Grilled Cheese Tomato Basil Soup Carrots and Ranch Fresh Cut Fruit Chocolate Milk ²⁴	Beyond Burger*, Whole Wheat Bun, Potato Wedges, Fresh Fruit, Lettuce, Tomato, Pickle *Burgers are Vegetarian ²⁵	
Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs	Lemon Dill Salmon Steamed Broccoli Pasta Toss Fresh Fruit Skim Milk ²⁸	Taco Tuesday Bar Chili, sour cream, vegan beef, olives, tomato, salsa, fresh fruit, skim milk, ²⁹	Breakfast 4 Lunch Maple French Toast Fresh Fruit Assorted Yogurt Crisp cut veggie sticks Chocolate Milk ³⁰	Cheese Hot Dog* Wheat Tortilla Wrapped BBQ Baked Beans Fresh Cut Fruit, Veggies, Ranch, Skim Milk *Hot Dog is vegetarian ³¹		<i>Due to seasonality and local availability, menu is subject to change without prior notification</i>