

**Bistro Kids January Seasonal Salad Menu**

| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>  | <b>Thursday</b>  | <b>Friday</b>  |
|--|---|---|--|--|
|  |   | <b>1-1</b>  | <b>1-2</b>   | <b>1-3</b>   |
|  |   | <b>Winter Break</b>   | <b>Winter Break</b>  | <b>Winter Break</b>  |
| <b>1-6</b>   | <b>1-7</b>  | <b>1-8</b>  | <b>1-9</b>   | <b>1-10</b>  |
| <b>Ginger “Fried” Tofu</b><br>Sesame Noodles<br>Mixed Veggies<br>Sesame-Ginger Dressing  | <b>Lemon Grilled Salmon</b><br>Roasted Veggies, diced<br>tomato, cucumber,<br>Specialty Grains, Lettuce Bed   | <b>Ahi Tuna Salad</b><br>Sliced thin and served rare,<br>specialty grains, lettuce bed,<br>shredded veggies | <b>Homestyle Egg Salad</b><br>Winter Veggies, Sweet<br>Peppers, Cucumbers, Cheese<br>Blend, with tangy house<br>made ranch               | <b>Italian Chicken</b><br>Creamy Italian Dressing<br>Romaine, tomatoes, bell<br>peppers, cucumber, red onion           |
| <b>1-13</b>  | <b>1-14</b>   | <b>1-15</b>   | <b>1-16</b>  | <b>1-17</b>  |
| <b>Greek Chicken Salad</b><br>Seasoned chicken breast,<br>diced tomatoes, diced<br>cucumber, sliced black<br>olives, lemon wedge,<br>oregano, creamy Greek<br>dressing | <b>Salad Bar Day</b><br>Order from student menu   | <b>Salad Bar Day</b><br>Order from student menu   | <b>Southwest Salad</b><br>corn, Rice, Pico, Cheese,<br>Ranch, Shredded Lettuce,<br>tomatoes, olives, cucumbers<br>spiced veggie crumbles | <b>No School<br/>Recording Day</b>   |
| <b>1-20</b>  | <b>1-21</b>   | <b>1-22</b>   | <b>1-23</b>  | <b>1-24</b>  |
| <b>No School<br/>Martin Luther King<br/>Day</b>  | <b>Ahi Tuna Zoodler</b><br>Seared Tuna served rare<br>Spiralized zucchini noodles<br>Assorted veggies, romaine<br>lettuce, Assorted Dressings<br>served on the side | <b>Salad Bar Day</b><br>Order from student menu   | <b>Buffalo Tofu Salad</b><br>Crispy tofu in<br>Frank’s red hot sauce<br>Romaine bed<br>Celery, carrots, mozzarella,<br>ranch dressing    | <b>Japanese Noodle Salad</b><br>Crispy tofu,<br>teriyaki noodles,<br>Asian marinated veggies,<br>sesame-ginger dressed |
| <b>1-27</b>  | <b>1-28</b>   | <b>1-29</b>   | <b>1-30</b>  | <b>1-31</b>  |
| <b>Minnesota Chicken</b><br>Grilled chicken breast<br>Minnesota wild rice, corn,<br>tomatoes, carrots, celery,<br>cucumber, served on<br>romaine bed                   | <b>House Ranch Salad</b><br>Winter Veggies, Sweet<br>Peppers, Cucumbers, Cheese<br>Blend, hard boiled eggs, with<br>tangy house made ranch                          | <b>Salad Bar Day</b><br>Order from student menu   | <b>Hawaiian Poke<br/>Salad</b><br>Citrus ceviche tuna rare<br>Pineapple relish<br>Brown rice bed<br>Shredded cabbage and kale            | <b>“Fried” Chicken Salad</b><br>Baked Chicken tenders<br>Romaine Hearts,<br>Tomatoes, Eggs,<br>Cucumber, Sweet Peppers |