

february

farm 2 school feature

grain



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Emily's Menu ³ Roasted Chicken Matzo Ball Soup Fresh Cut Fruit Steamed Carrots	Emily's Menu ⁴ Cheese Pizza Italian Salad Fresh Fruit Bar Skim Milk Chocolate Chip Cookie	Emily's Menu ⁵ Mac & Cheese Farm Fresh Food Bar Assorted Grains Chocolate Milk Chocolate Muffin	Emily's Menu ⁶ Loaded Baked Potato Bar Sour Cream, Butter, Cheese, Vegan Chili, Scallions House Salad Fresh Fruit	Emily's Menu ⁷ Lemon Pepper Salmon Garlic Butter Broccoli Whole wheat pasta Orange Wedges	Emily B. is the winner off the Mirowitz Silent Auction, Be The Chef, Donated by Bistro Kids
	¹⁰ Oven Baked Chicken Fingers Sweet Potato Mash Fresh Fruit Kale Salad	¹¹ Taco Salad Bar Black bean chili, salsa, sour cream, diced veggies, tortilla chips, fresh fruit, skim milk	¹² Brunch 4 Lunch Wheat Waffles Hash browns, eggs, Full Salad Bar Sweet Potato Cookie	¹³ Grilled Cheese Tomato Soup House Made Cookie Fresh Fruit	¹⁴ No School Professional Development	
	¹⁷ NO SCHOOL Presidents Day	¹⁸ Breakfast 4 Lunch Whole Wheat Pancakes Scrambled Eggs Fresh Cut Veggies Sliced Melon =	¹⁹ Asian Salad Bar Day Broccoli Tofu Stir Fry Fried Rice Sesame Ginger Kale Salad Chocolate Milk Chef A.J.'s Special Dessert	²⁰ Cheese Pizza Bagel Italian Toss Salad Fresh Fruit Bar Skim Milk Fudge Cookie	²¹ BBQ Turkey Burger Whole Wheat Bun Potato Wedges Garden Bar Fruit Cocktail	Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs
	²⁴ All Beef Hotdog Whole Wheat Bun W/ Topping Bar Pickle Spears Fresh Fruit Potato Wedges	²⁵ Breakfast 4 Lunch French Toast Vanilla Yogurt Fresh Cut Veggies Sliced Melon	Italian Cheese Lasagna Italian Salad Farm Fresh Food Bar Assorted Grains Chocolate Milk Chef A.J.'s Special Dessert	²⁷ Ramen Noodle Bar Miso Broth Tofu, Eggs, Seaweed, Fresh Fruit and Veggies Skim Milk	²⁸ Whole Wheat Pasta Heavy Meat Marinara Steamed Green Beans Bread Stick Fresh Fruit Bar	Due to seasonality and local availability, menu is subject to change without prior notification