

COVID-19 Exposure and Symptoms Decision Chart

SCENARIO	TESTING	DURATION OF QUARANTINE / WHEN TO RETURN TO SCHOOL	NOTIFY HEALTH DEPT**
Known/possible exposure* to COVID-19			
Symptomatic	SARS-CoV-2 PCR*** <i>Additional testing per provider's judgement</i>	<p><u>If positive COVID-19:</u> Isolate until afebrile for ≥ 24 hours (without fever-reducing medication) AND symptoms improving AND approved by the local health department to return to school (typically 10-14 days). Some jurisdictions, including St. Louis City, require release by primary care provider.</p> <p>NOTE: Quarantine all asymptomatic/negative household contacts for 14 days starting from last potential exposure. (Last potential exposure to a symptomatic household member is 10 days after the sick person started showing symptoms).</p> <p><u>If negative COVID-19:</u> False negative test is possible. Thus, isolate until afebrile for ≥ 24 hours (without fever-reducing medication) AND symptoms improving AND at least 10 days since symptom onset.</p>	YES

*Possible exposure refers to a close contact to an individual who has symptoms of COVID-19 and has not been tested or has a test pending.

Close contact: 1) Being within 6 feet of an infected person for at least 15 minutes AND 2) contact occurred 48 hours before the person began feeling sick until the time the patient was isolated OR 3) a household contact. Mask usage will be considered on a case-by-case basis.

Sources: cdc.gov; health.mo.gov

***For community testing sites, refer to SARS-CoV-2 Pediatric Viral Diagnostic Testing Sites Chart provided by WUPAARC. Testing for St. Louis County may be scheduled at STLCorona.com

Adapted from table developed by University Pediatric Associates: Rachel Shakofsky, MD, Kristine Williams, MD, and Courtney Andrus, PA-C

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Asymptomatic	<p>SARS-CoV-2 (optional)</p> <p><i>Advise patient that test is most accurate when patient is symptomatic; thus a false negative test is possible.</i></p> <p><i>Testing capacity may be limited particularly for asymptomatic people.</i></p>	<p><u>If positive COVID-19:</u> Isolate until at least 10 days have passed since the date of the positive test, assuming no symptoms develop AND approved by the local health department to return to school (typically 10-14 days). Some jurisdictions, including St. Louis City, require release by primary care provider.</p> <p>NOTE: Quarantine all asymptomatic/negative household contacts for 14 days starting from last potential exposure. (Last potential exposure to an asymptomatic household member is 10 days after the person's positive test.)</p> <p><u>If negative COVID-19 OR if not tested for COVID-19:</u> Quarantine until 14 days after last potential exposure. A negative test on a specific day cannot be used since the patient could become positive during the 14 day quarantine period.</p>	<p>YES</p>
SCENARIO	TESTING	DURATION OF QUARNTINE & WHEN TO RETURN TO SCHOOL	CONTACT HEALTH DEPT**
No known/possible exposure* to COVID-19			

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Symptomatic	SARS-CoV-2 PCR*** <i>Additional testing per provider's judgement</i>	<p><u>If positive COVID-19:</u> Isolate until afebrile for ≥ 24 hours (without fever-reducing medication) AND symptoms improving AND approved by the local health department to return to school (typically 10-14 days). Some jurisdictions, including St. Louis City, require release by primary care provider.</p> <p>NOTE: Quarantine all asymptomatic/negative household contacts for 14 days starting from last potential exposure. (Last potential exposure to a symptomatic household member is 10 days after the sick person started showing symptoms).</p> <p><u>If negative COVID-19:</u> Isolate until afebrile for ≥ 24 hours (without fever-reducing medication) AND symptoms improved.</p>	YES – if positive COVID-19 NO – if negative COVID-19
Asymptomatic	None, unless specifically advised to test for COVID-19 by employer or prior to a procedure or admission	Not Applicable <i>Testing capacity may be limited particularly for asymptomatic people.</i>	NO

Health Department	Phone	Information for Health Department
St. Louis County case reporting (cdcs.doh@stlouisco.com) St. Louis County provider question (provider-COVID@stlouisco.com) St. Louis County school nurse liaison	314-615-2660	<ul style="list-style-type: none"> • Patient name and DOB • Parent/guardian name and contact number • Home address • Date and location of test • Date of symptom onset • Known close contacts
St. Louis City St. Louis City School Nurse Liaison	314-657-1499	
St. Charles County	636-949-1899	
Missouri Department of Health	877-435-8411	

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Sources: [cdc.gov](https://www.cdc.gov); [health.mo.gov](https://www.health.mo.gov)

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Illinois Department of Health	800-889-3931
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