

20 Ways to Connect With Your Grandchildren During a Pandemic

- 1. Read a book together over Zoom. Ask them to read you a story or chapter out of their favorite book. Alternatively, offer to read a story to them before bed.
- 2. Assemble a Jigsaw puzzle together. Visit https://jigsawpuzzles.io/ and follow the directions to work on a private puzzle.
- 3. Write and send each other mail (or purchase some fun postcards!). This is a great learning opportunity on how to address mail. Have fun picking out different stamps via USPS.com. Ask them to pick out their favorite stamp and research the story or inspiration behind that particular picture.
- 4. Listen to each other's favorite song together. Talk about why it is your favorite and how it makes you feel.
- 5. Research and make a recipe together (even a favorite family holiday recipe). If you are in the same city, offer to pick up the ingredients and leave them outside your grandchildren's home. Log on to Zoom and make a night of it.
- 6. Follow up to #5...share your favorite memory or favorite thing about an upcoming holiday.
- 7. Come up with a random act of kindness and both commit to doing it later that week. Call each other to discuss how it went.
- 8. Play a game of catch with your grandchildren with at least 6 feet of separation for built-in social distancing.
- 9. Plant an easy to grow plant (e.g. sunflowers or snapdragons). Set up a video call or send a picture once a week to share the plants' progress.
- 10. Use Facetime Effects to add emojis to make your Facetimes discussions more fun. Directions:
 - a.Connect on Facetime.
 - b. In the bottom left hand corner of the screen, press "effects".
 - c. Choose the effect you want. It will appear on your screen, so example you can turn yourself into an animal.
- 11. Create a virtual family picture album. Upload and share daily photos and videos so proud grandparents can track milestones when they can't see them (and look back at them whenever they want). Try an app like Tinybeans or FamilyAlbum for this.



- 12. Help your grandchildren become rockstars. Ask them to make up a song with a real or created instrument and perform it for you.
- 13. Challenge them to classic games like backgammon, cribbage and go fish for free at http://playingcards.io/. This resource allows you to select a game, invite as many people as you please to your link, and get ready to play. Best of all, it's free and requires no screen sharing.
- 14. Have a dance party! Take turns picking out your favorite songs to dance to over video call.
- 15. Write a story together in a GoogleDoc. You start and commit to adding a paragraph or page once a week.
- 16. RSVP to lkoertel@mirowitz.org and Zoom into your grandchild's classroom during Havdalah, Morning T'fillah or Kabbalat Shabbat.
- 17. Draw portraits of each other and share them.
- 18. Mail a care package to your grandchildren. You could include funny jokes and notes, fun pencils, Mad Libs, small treats, puzzles, stickers and other small items.
- 19. Write a message or draw a chalk picture on your grandchild's driveway to surprise them.
- 20. Read a book, draw, solve puzzles, play games and even visit museums together through the Caribu app. Visit https://caribu.com/ for more information.