



BISTRO KIDS.com

Seasonal Specialty Salad Menu

Monday	Tuesday	Wednesday		
			10-1	10-2
			Ginger Grilled Ahi Tuna (Served Rare) Roasted Veggies, Brown Rice, Marinated Kale Bed Sesame Ginger Dressing	Strawberry Chicken Cobb Strawberry, Spinach, Quinoa, Carrots, Craisins, Cucumber, Crackers Honey Mustard Dressing
10-5	10-6	10-7	10-8	10-9
Salmon Cobb w/Eggs, Local Tomatoes, Strawberries, Cucumber, Carrots Ranch Dressing	Lox, Cream Cheese, Bagel Toast Shredded Romaine, Cucumbers, Carrots, Tomato, Ranch Dressing	Buffalo Tofu Bowl Oven fried tofu, franks red hot wing sauce, romaine lettuce, celery hearts, carrot sticks, ranch dressing mozzarella cheese	Teriyaki Tofu Bowl oven fried tofu, Roasted veggies, brown rice, kale bed, pineapple Sesame Ginger Dressing	Hollywood Chicken Grilled Chicken organic quinoa, kale, Craisins, grapes, strawberries Honey Mustard Dressing
10-12	10-13	10-14	10-15	10-16
Grilled Salmon Strawberry, Spinach, Quinoa, Carrots, Celery, Cucumber, Crackers	Homestyle Tuna Salad Iceberg and Romaine Mix Cucumber, grape tomato, shredded carrots, whole wheat crackers	Rad Thai Tuna arugula, field greens, sprouts, red cabbage, sunflower seeds, carrots, cucumber, basil, grilled Ahi Tuna served rare	Parent Teacher Conferences Noon Dismissal No Lunch Served	Parent Teacher Conferences No School
10-19	10-20	10-21	10-22	10-23
Ahi Tuna Garden Ranch Salad Romaine Bed Cheese Shreds Assorted Veggies Ranch Dressing	Greek Salmon Salad Chopped Romaine Hearts, Tomatoes, Cucumber, Oregano, L Lemon Wedges, Black Olives	Rad Thai Salmon arugula, field greens, sprouts, red cabbage, sunflower seeds, carrots, cucumber, basil, grilled citrus salmon,	Teriyaki Tofu Bowl Oven Fried Tofu, Teriyaki Glaze Brown Rice, Pineapple Assorted veggies	Curried Chicken Dahl, Chana Masala Brown Rice, Spinach Cucumber Aioli
10-26	10-27	10-28	10-29	10-30
Professional Development Day	Southwest Salad Vegan Beef, Cheese, Tomatoes, Lime Rice, Salsa, Sour Cream Shredded Romaine Ranch Dressing	BBQ Salmon Diced Potato Salad Yellow Corn Red Bell Pepper, Carrots Romaine Bed Ranch Dressing	Teriyaki Grilled Ahi Tuna (Served Rare) Pineapple Salsa Quinoa, Kale Slaw	Garden Grilled Chicken Romaine Bed Assorted Veggies Honey Mustard Dressing