

Bistro Kids February Seasonal Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2-1	2-2	2-3	2-4	2-5
Seared Ahi Tuna Served Rare with Lemon Pepper, Shredded veggies Brown rice Spring Mix Bed Honey Mustard Dressing	Homestyle Tuna Salad Cucumber, tomato, red peppers, shredded cheese Romaine bed Ranch Dressing	Japanese Noodle Salad Crispy Tofu Teriyaki Noodles Asian Veggies Kale Sesame Ginger Dressing	Bad Hunter Salad Vegan with hummus & Roasted Veggies, quinoa Sautéed Kale Honey Mustard Dressing	Hollywood Chicken Grapes, quinoa, strawberries, kale, red cabbage, shredded carrots Honey Mustard Dressing
2-8	2-9	2-10	2-11	2-12
Japanese Noodle Salad Crispy Tofu Teriyaki Noodles Asian Veggies, Kale Sesame Ginger Dressing	Ahi Tuna Poke Bowl Spiralized zucchini noodles, Rice, Kale, Pineapple, Citrus Ceviche Tuna Tomatoes, cucumber, Sesame Ginger Dressing	Buffalo Tofu Salad Crispy tofu in Frank's red-hot Romaine bed, celery, carrots, mozzarella, ranch dressing	Teriyaki Salmon Brown Rice, Salmon, Shredded Carrots, Cucumber, Pineapple, Kale Bed	No School Professional Development Day
2-15	2-16	2-17	2-18	2-19
No School Presidents Day	Southwest Salad Brown Rice, Vegan Beef, Cheese Shreds, Sour Cream, Ranch Dressing, Tortilla Strips, Shredded Lettuce, Tomatoes, Cucumber	Salmon Sashimi Salad Sticky sushi rice Kale, carrots, cucumber, sweet red pepper, soy sauce, sesame ginger dressing fish is served raw	Asian Broccoli & Tofu Sautéed Kale, brown rice, shredded carrots, sweet peppers Sesame Ginger Dressing	Very Berry Chicken Salad Honey mustard dressing, grapes, strawberries, raisins, sunflower seeds, carrots, tomatoes, cucumbers
2-22	2-23	2-24	2-25	2-26
Tuna Sashimi Salad Sticky sushi rice Kale, carrots, cucumber, sweet red pepper, soy sauce, sesame ginger dressing fish is served raw	Ahi Tuna Zoodler Spiralized zucchini noodles, Tomatoes, cucumber, romaine, shredded carrots, ranch dressing	Vegetable Orzo Salad Italian marinated veggies Fresh Baby Spinach Mozzarella Shreds Creamy Italian Dressing	Honey Grilled Salmon Roasted Veggies Specialty Grains, Lettuce Bed Honey Mustard Dressing	Chicken Caesar Wedge House made croutons Grape tomato Grilled chicken Dairy Free Caesar Dressing