



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 A. Chicken Less Nuggets B. Grilled Cheese Potato Wedges Fresh Fruit Snap Peas	2 A. Garlic Butter Pasta B. Lemon Pepper Salmon Steamed Broccoli Apple Sauce Chocolate Chip Cookie	3 A. Cheese Quesadilla B. Cheese Omelet Vegetable Medley Banana Muffin	4 A. Falafel Burger B. Beyond Beef Burger Potato Wedges Roasted Cauliflower Orange Slices	5 A. Beef Hotdog B. Curried Chicken Spiced Chick Peas Steamed Peas Whole Fruit Selection	
	8 A. Lox & Bagel Plate B. Grilled Cheese Potato Wedges Fresh Fruit Carrot Coins	9 A. BBQ Grilled Salmon B. Garlic Butter Pasta Steamed Broccoli Whole Wheat Roll Diced Peaches	10 A. Whole Grain Waffles B. French Toast Mix Berry Blast Topping Vegetable Medley	11 A. Focaccia Pizza B. Mac & Cheese Vegetable Medley Chocolate Chip Cookie Fresh Fruit Selection	12 No School Professional Development	
	15 NO SCHOOL Presidents Day	16 A. Garlic Butter Pasta B. Honey Glazed Salmon Steamed Broccoli Apple Sauce Chocolate Chip Cookie	17 A. Buffalo Tofu B. Cheese Quesadilla Brown Rice Roasted Cauliflower Grape Cup	18 A. Cheese Lasagna B. Salmon Burger Vegetable Medley Italian Potatoes Diced Peaches	19 A. Chicken Fingers B. Chicken Lo-Mein Asian Veggies Whole Wheat Roll Mandarin Oranges	Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs
	22 A. Pizza Bagel B. Cheese Stuffed Potato Steamed Broccoli Chocolate Chip Cookie Apple Sauce	23 A. Teriyaki Grilled Salmon B. Garlic Butter Pasta Steamed Broccoli Whole Wheat Roll Diced Peaches	24 A. Whole Grain Waffles B. French Toast Mix Berry Blast Topping Vegetable Medley	25 A. Focaccia Pizza B. Mac & Cheese Vegetable Medley Chocolate Chip Cookie Fresh Fruit Selection	26 A. Spaghetti n Meatballs B. Chicken Pasta Toss Steamed Broccoli Whole Wheat Roll Diced Peaches	Due to seasonality and local availability, menu is subject to change without prior notification