



BISTRO KIDS.com

### Seasonal Specialty Salad Menu

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday 5-1   |
|--|---|--|---|--|
| <b>5-3</b>   | <b>5-4</b>  | <b>5-5</b>   | <b>5-6</b>  | <b>5-7</b>   |
| <u>Tuna, Kale and Quinoa Bowl</u><br>Diced Tomatoes, Carrots, Peppers, Cucumbers, Sunflower Seeds, Ginger Dressed. | <u>Local Italian Tomato Salad</u><br>Italian Olive Oil Dressed<br>Cucumber, Red Onion<br>Basil and Spinach      | <u>Sushi Salad Combo Bowl*</u><br>Assorted Fish, Avocado, Cucumber, Sticky Rice, Kale                      | <u>Teriyaki Tofu Bowl</u><br>Pineapple, Kale, Peppers, Quinoa, Sesame Ginger                                    | <u>Very Berry Chicken Salad</u><br>Grilled Chicken, honey mustard, sunflower seeds, grapes, strawberry, cucumber, tomato |
| <b>5-10</b>  | <b>5-11</b>   | <b>5-12</b>  | <b>5-13</b>   | <b>5-14</b>  |
| <u>Hollywood Salmon</u><br>Carrots, quinoa, kale, grapes<br>Honey mustard dressing                                 | <u>Salmon Caesar Salad</u><br>Charred Romaine Wedge<br>House Made Croutons<br>Grape Tomatoes<br>Caesar Dressing | <u>Southwest Salad</u><br>Tortilla Chips, Tomato, Avocado, Peppers, Beef-Less Crumbles, Ranch, Romaine     | <u>Grilled Ahi Tuna Salad</u><br>Served rare*<br>Romaine Bed, cucumber, tomato, carrots, wheat roll             | <u>Lemon Grilled Salmon</u><br>Romaine Lettuce, Carrots, Tomatoes, Cucumbers, Quinoa, Honey Mustard                      |
| <b>5-17</b>  | <b>5-18</b>   | <b>5-19</b>  | <b>5-20</b>   | <b>5-21</b>  |
| No School  | <b>No School</b>  | <u>Baja Salmon Salad</u><br>Tomatoes, Cucumbers, Radish, Avocado, Cilantro-Line Dressing, Romaine Hearts   | <u>Salmon Caesar Salad</u><br>Charred Romaine Wedge<br>House Made Croutons<br>Grape Tomatoes<br>Caesar Dressing | <u>Very Berry Chicken Salad</u><br>Grilled Chicken, honey mustard, sunflower seeds, grapes, strawberry, cucumber, tomato |
| <b>5-24</b>  | <b>5-25</b>   | <b>5-26</b>  | <b>5-27</b>   | <b>5-28</b>  |
| <u>Baja Ahi Salad</u><br>Tuna, Tomatoes, Cucumbers, Radish, Avocado, Cilantro-Line Dressing, Romaine Hearts        | <u>Salmon Caesar Salad</u><br>Charred Romaine Wedge<br>House Made Croutons<br>Grape Tomatoes<br>Caesar Dressing | <u>Local Italian Tomato Salad</u><br>Italian Olive Oil Dressed<br>Cucumber, Red Onion<br>Basil and Spinach | <u>Chef's Special</u><br>Garden Salad with Assorted Dressings   | <b>Last Day of School<br/>No Lunch Served</b>  |

\*Consuming undercooked fish can increase chances for foodborne illness