



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs			1 Cheese Quesadilla Cilantro Rice Pilaf Fresh Fruit Mexican Zucchini Hormone free milk	2 Creamy Mac & Cheese Cruciferous Veg Medley Chocolate Muffin Fresh Cut Strawberries Hormone Free Milk	3 Chef A.J.'s Special Rosh Hashanah Meal Herb Roasted Chicken Apple and Honey Dip Carrot tzimmes Matzo Ball Soup	
	6 No School Labor Day	7 No School Rosh Hashana	8 No School Rosh Hashana	9 Chicken-less Nuggets Assorted Dipping Sauces Baked Potato Wedges Magic Garlic Broccoli Chocolate Wheat Muffin Local Watermelon	10 All Beef Hamburger Whole wheat bun Local Tomatoes Baked Potato Wedges Fresh Fruit, Pickle Spear	
	13 Grilled Cheese Tomato Soup Celery Sticks w Ranch Local Apples Chocolate chip muffin	14 Special Israeli Menu Uri's Lemon Salmon Classic Israeli Salad House Made Hummus Pita Toast Points	15 Noon Dismissal No Lunch Served Erev Yom Kippur	16 Yom Kippur No School	17 Kosher Beef Hotdog Whole Wheat Bun Kettle Cooked Chips Local Gala Apples Cucumber-Tomato Salad 100% Juice Box	
	20 Egg & Cheese McMirowitz On Toasted English Muffin Vanilla Yogurt Fresh Cut Fruit Salad Roasted Cauliflower Skim Milk	21 No School Sukkot	22 No School Sukkot	23 Beyond Beef Burger Whole Wheat Bun Kettle Cooked Chips Local Tomatoes, Pickles Fresh Cut Strawberries Skim Milk	24 Chicken Fingers Assorted Dipping Sauces Fresh Hand Fruits Redskin Mashers Sauteed Green Beans	
	27 Breakfast 4 Lunch Whole Wheat Pancakes Scrambled organic eggs Fruit Infused Yogurt Fresh Cut Vegetables Maple Syrup, butter	28 No School Shemini Atzeret	29 No School Simchat Torah	30 Cheese Pita Pizza Low Sugar Apple Sauce Organic Carrots w Ranch Chocolate Chip Cookie Hormone Free Milk		<i>Due to seasonality and local availability, menu is subject to change without prior notification</i>