Strok RedS our main ingredient is fun!

october

farm 2 school feature

pumpkins



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Beyond Burger Whole Wheat Bun Potato Wedges, Fresh Fruit, Chocolate Cookie Skim Milk	Mac n Cheese Sautéed Green Beans Fresh Cut Fruit Dairy Selection Blueberry Muffin	Cheese Lasagna Garlic Bread Stick Roasted Asparagus Fresh Fruit Chocolate Milk	7 Cheese Quesadilla Mexican Pinto Beans Cumin Scented Rice Salsa, Sour Cream Fresh Fruit	Kosher Beef Hotdog Potato Wedges Steamed Broccoli Fresh Fruit Fruit Juice Box 8 Israeli Chicken Schnitzel Batata Hara Potatoes Israeli Salad Fresh Cut Melon Juice Box	All meals are kosher supervised
-		Sesame Salmon Asian veggie Stir Fry Brown Rice Fresh Fruit Skim Milk	Pancake & Eggs Fresh Fruit Topping Baby Carrots Strawberry Yogurt	Taco Salad Bar Chili Topping, Cheese, Tortilla Chips, Salsa, Sour Cream, Beans, Assorted Veggies, Fresh Fruit	Baked Potato Bar Cheese, Sour Cream, Chive, Chili, Veggies Fresh Fruit Chocolate Milk	Chicken Fingers Mashed Potatoes Sautéed Green Beans Wheat Roll Fruit Juice Box	
		Beyond Burger Whole What Bun Potato Wedges, Fresh Fruit, Chocolate Cookie Skim Milk	Slinger Breakfast Bar Cheddar Eggs Hashbrowns Chili Topping Fresh Fruit Carrots and Ranch	Wheat Pizza Bagel Steamed Veggies Fresh Fruit Chocolate Milk Chocolate Chip Cookie	Parent Teacher Conferences Noon Dismissal No Lunch Served	Parent Teacher Conferences Noon Dismissal No Lunch Served	
	Bistro Kids does not use tree nuts or peanuts, but does source ingredients made in facilities that also process tree nuts and peanuts. Some items may contain milk, soy, sesame, wheat, fish and/or eggs	Chicken-less Nuggets Strawberry Yogurt Steamed Broccoli Chocolate Muffin Fresh Cut Fruit	French Toast Scrambled Eggs Fresh Fruit Topping Steamed Carrots Strawberry Yogurt	Teriyaki Noodles Asian Stir Fry Veggies Marinated Tofu Eggs, Edamame Whole Fruit Selection Skim Milk	Grilled Cheese Tomato Soup Fresh Fruit Chocolate Chip Cookie Skim Milk	All Beef Hamburger Air fried potatoes Sautéed Zucchini Crisp Fall Apple Juice Box	Due to seasonality and local availability, menu is subject to change without prior notification