

Mirowitz Specialty Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
11-1	11-2	11-3	11-4	11-5
Garden Veggie Salad Hardboiled Eggs, Tomatoes, Cucumber, Broccoli, Carrots, Romaine Lettuce Ranch Dressing	Tuna Sashimi Salad Sushi Rice, Avocado, Kale Bed, Sesame Ginger Dressing, Cucumber, Bell Pepper	Homestyle Tuna Salad classic café salad, with shredded carrot, tomato, cucumber, sweet peppers Ranch Dressing	Teriyaki Tofu Oven Fried, Brown Rice, Asian Mixed Veggies, Kale Bed	Chicken Caesar Chopped Romaine Croutons Pareve Dressing
11-8	11-9	11-10	11-11	11-12
No School Professional Development	Homestyle Tuna Salad classic café salad, with shredded carrot, tomato, cucumber, sweet peppers Ranch Dressing	BBQ Tofu Oven Fried, Coated in Sweet Baby Ray's Scallions, Celery, Carrots, Ranch, Cucumbers, Romaine Bed	Ginger Grilled Salmon Atop romaine bed Shredded carrots, cucumber, tomato, sweet peppers	Very Berry Chicken Strawberries, Grapes, Blueberries, Sunflower Seeds, Cucumber, Grape Tomatoes, Honey Mustard
11-15	11-16	11-17	11-18	11-19
Rice Ramen Bowl Gluten Free Asian Veggies Teriyaki Sauced Marinated Tofu	Tuna Sashimi Salad Sushi Rice, Avocado, Kale Bed, Sesame Ginger Dressing, Cucumber, Bell Pepper	Egg Salad classic café salad, with shredded carrot, tomato, cucumber, sweet peppers Honey Mustard Dressing	Honey Mustard Salmon Atop romaine bed Shredded carrots, cucumber, tomato, sweet peppers	Chicken Caesar Chopped Romaine Croutons Pareve Dressing
11-22	11-23	11-24	11-25	11-26
Ahi Tuna Zoodler Served Rare Atop Zucchini Noodles Shredded carrots, cucumber, tomato, sweet peppers	Salmon Poke Bowl Sushi Rice, Avocado, Kale Bed, Sesame Ginger Dressing, Cucumber, Bell Pepper	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
11-29	11-30			
Teriyaki Tofu Oven Fried, Brown Rice, Asian Mixed Veggies, Kale Bed	Tuna Poke Bowl Sushi Rice, Avocado, Kale Bed, Sesame Ginger Dressing, Cucumber, Bell Pepper			