



BISTRO KIDS.com

Seasonal Specialty Salad Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9-30	10-1	10-2	10-3	10-4
Tuna Sashimi Salad Sushi Rice, Avocado, Kale Bed, Cucumber, Red Bell Pepper, Pineapple	Salmon Avocado Salad Marinated and grilled salmon, cucumber, tomato garbanzo beans, and avocado over greens	NOON DISMISSAL EREV ROSH HASHANAH	NO SCHOOL ROSH HASHANAH	NO SCHOOL ROSH HASHANAH
10-7	10-8	10-9	10-10	10-11
Roasted Chickpea Salad Oven roasted garbanzo beans with roasted brussels sprouts, broccoli and sweet potatoes over greens	Ahi Tuna Zoodler Our signature house salad Zucchini Zoodles, carrot, peppers, romaine	SALAD BAR DAY *PIZZA NIGHT*	Baja Salmon Salad Seasoned grilled salmon, cucumber, tomato, carrot and avocado over greens	NO SCHOOL EREV YOM KIPPUR
10-14	10-15	10-16	10-17	10-18
Autumm Harvest Bowl Roasted sweet and white potato, apples, chickpeas and dried cranberries over quinoa and greens	Teriyaki Tofu Bowl oven fried tofu, roasted veggies, brown rice, kale bed, pineapple	SALAD BAR DAY	NO SCHOOL SUKKOT	NO SCHOOL SUKKOT
10-21	10-22	10-23	10-24	10-25
BBQ Tofu Salad Pan fried tofu covered in BBQ sauce over a bed of greens with carrot, celery and mozzarella	Hawaiian Poke Salad Raw Cubed Tuna over sushi rice, pineapple, carrot, cucumber, edamame over kale	SALAD BAR DAY *PIZZA NIGHT*	NO SCHOOL SHEMINI ATZERET	NO SCHOOL SIMCHAT TORAH
10-28	10-29	10-30	10-31	11-1
Southwest Salad Vegan Beef, Cheese, Tomatoes, Corn, Rice, Salsa, Sour Cream Shredded Romaine	Autumm Harvest Bowl Roasted sweet and white potato, apples, chickpeas and dried cranberries over quinoa and greens	SALAD BAR DAY	Buffalo Tofu Bowl Oven fried tofu, franks red hot wing sauce, romaine lettuce, celery hearts, carrot sticks, mozzarella cheese	Fall Chicken Apple Cobb Apple, Carrots, Grapes, Cucumber, Sunflower Seeds, Mixed Greens