



Taekwondo Enrichment Program Returns to Saul Mirowitz Jewish Community School!

Welcome back! After a long break, we're excited to announce the return of our popular and successful Taekwondo enrichment program, led by Master **Patrick L. Thimangu, 7th Dan** (Program Teacher from 2013–2019).

What is Kukkiwon Taekwondo?

A dynamic Korean martial art and Olympic sport.

Students build physical and mental fitness by practicing kicks, punches, blocks, footwork, and self-defense techniques — all within a structured and respectful environment.

Focus of the Classes: Help students develop balance, confidence, discipline, flexibility, physical & mental strength, humility and perseverance.

Guided By Five Core Tenets: courtesy, integrity, perseverance, self-control, and indomitable spirit.

Classes are 60 Minutes, and dedicated students may test for belts and receive official certification.

Dues: \$425 per semester and one-time \$45 new student registration fee. Program includes, free first uniform and first (yellow) belt testing and certification.

Tues & Thurs
3:35—4:35 p.m.
Aug. 19—Dec. 18.

Classes limited to 15 students —
Minimum age 7 years

Classes will be held



For registration contact
Master Patrick L. Thimangu at:
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