

**EEC Menu September 2025** -Milk served w/ dairy meals.

| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>  |
|--|---|--|--|--|
| 9/1  | 9/2   | 9/3  | 9/4  | 9/5  |
| <b>Closed Labor Day</b>  | Tortellini<br>Pink Sauce<br>Garlic Bread<br>Green Beans<br>Pineapple          | Pastrami Sandwich on Rye<br>Tomato salad<br>Tropical Fruit | Grilled Cheese on Wheat Bread (WG)<br>Key Largo Vegetable<br>Pears | Chicken Pot Pie<br>Mixed Vegetables<br>Pastry topping<br>Mixed Fruit                                 |
| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>  |
| 9/8  | 9/9   | 9/10   | 9/11   | 9/12   |
| Meat Loaf<br>Mashed Potato<br>Broccoli<br>Mixed Fruit                                | Lasagne Rollup<br>Marinara<br>Garlic Bread<br>Peas, Carrots<br>Pineapple      | Tuna on Croissant<br>Broccoli Slaw<br>Peaches              | Mac (WW) and Cheese<br>Mixed Veg<br>Pineapple                      | Turkey on Wheat (WG)<br>Carrots, Honey Mustard<br>Pineapple, Challah                                 |
| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>  |
| 9/15   | 9/16  | 9/17   | 9/18   | 9/19   |
| Beef "Stroganoff"<br>"Buttered" Noodles<br>Broccoli, Cauliflower<br>Mandarin Oranges | Stuffed Shells<br>Marinara<br>Breadsticks<br>Broccoli<br>Pineapple            | Potato Crust Cod<br>Green beans<br>Pear<br>Dinner roll WG  | Falafel, Pita (WG)<br>Hummus<br>Israeli salad<br>Applesauce        | Thanksgiving Stuffed<br>Chicken Breast<br>Green Bean Casserole<br>Sweet Potatoes<br>Mandarin Oranges |
| <b>Monday</b>  | <b>Tuesday</b>  | <b>Wednesday</b>   | <b>Thursday</b>  | <b>Friday</b>  |
| 9/22   | 9/23  | 9/24   | 9/25   | 9/26   |
| <b>Closed Rosh Hashana</b>   | <b>Closed Rosh Hashana</b>  | <b>Closed Rosh Hashana</b>                                 | Pizza Bagels (WG)<br>Italian Vegetables                            | Orange Chicken<br>Vegetables<br>Brown Rice<br>Pineapple, Challah                                     |
| <b>Monday</b>  | <b>Tuesday</b>  |  |  |  |
| 9/29   | 9/30  |  |  |  |
| BBQ Meatballs<br>Mashed Potato<br>Tropical Fruit                                     | Cheese Tortellini<br>Marinara<br>Garlic Bread<br>Italian Green beans<br>Pears |  |  |  |